

FREE HEALTH SCREENING EVENT

ACTIVE PLAN EMPLOYEES AND SPOUSES
PRE MEDICARE RETIRED EMPLOYEES AND SPOUSES
MEDICARE RETIRED EMPLOYEES



NEW THIS YEAR HORMONE TESTING *for* MEN & WOMEN



DHEA HORMONE TESTING FOR ALL WOMEN



TESTOSTERONE HORMONE TESTING FOR ALL MEN

Learn more about optimizing hormone health today!

MULTIPLE DAYS ACROSS 6 LOCATIONS!

- **THURS, AUG 13 - MANKATO, MN - 8AM - 3PM**
308 LUNDIN BLVD, MANKATO, MN 56001
- **FRI, AUG 14 - MINNEAPOLIS, MN - 8AM - 3PM**
2829 ANTHONY LN S, MINNEAPOLIS, MN 55418
- **SAT, AUG 15 - ROCHESTER, MN - 8AM - 3PM**
1765 COUNTY RD 16 SW, ROCHESTER, MN 55902
- **THURS, AUG 27 - VIRGINIA, MN - 8AM - 3PM**
8381 ENTERPRISE DR N, VIRGINIA, MN 55768
- **FRI, AUG 28 - DULUTH, MN - 8AM - 3PM**
2002 LONDON RD, DULUTH, MN 55812
- **SAT, AUG 29 - ST CLOUD, MN - 8AM - 3PM**
2109 251ST ST, ST CLOUD, MN 56301

SCHEDULE YOUR APPOINTMENT (REQUIRED)



Call (515) 244-3080



<https://iuoe49.timetap.com>



Scan the QR code



See reverse for list
of screenings offered

HEALTH SCREENINGS

FASTING IS **OPTIONAL**, NOT REQUIRED.

Ultrasound

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

Biometrics & Blood Tests

Biometrics

Chemistry Panel

Lipid Panel with Glucose

Hemoglobin A1c

High-Sensitivity CRP

Complete Blood Count w/ Platelets

Prostate Specific Antigen (PSA) - Men

Thyroid-Stimulating Hormone (TSH)

Vitamin D

General Oncology Markers

NEW - DHEA - Women

NEW - Testosterone - Men

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JAMES ERICKSON

OE49 MEMBER

I attended the health fair without expecting any abnormal findings, as I felt perfectly fine. The screening process was quick yet impressively thorough. When the ultrasound technician finished scanning, he informed me that I had a critical blockage in my carotid artery. He urged me to see my doctor immediately, explaining that my risk for stroke was extremely high given the severity of the blockage. I shared the results with my doctor, and within about a month, I had a stent placed in my carotid artery.

I truly believe that this free screening possibly saved my life, and I highly recommend that everyone take advantage of it



POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.



**YOUR HEALTH
IS OUR PRIORITY**